

**“One must become colourless while playing with colours.” – Rev. Babuji Maharaj.**

Sri. Madhu Kumar

Dear Brothers and Sisters,

Heartiest Pranams.

This sentence is taken from Silence Speaks, an article written by Rev.Master to an abhyasi. This note was written by Master to the abhyasi in an apparent humorous way regarding various aspects of Holi along with a deep meaning in it.

Here Rev.Babuji is hinting in a subtle way about the goal of human life that is to be aspired.

Rev.Master was referring to the occasion of Holi and how people get involved in playing Holi with lots of colours. Master has given subtle suggestion on how our becoming should be while playing with colours. “One must become Colourless while playing with colours” (Silence Speaks pg-533).

Playing with colours: Rev.Babuji has hinted that in general people get entangled in playing with colours with a temperament to play.

Rev.Babuji is suggesting us while playing with colours, not to get into the mode of identifying with

them. He very clearly says that “If our inclination does not identify (admire) it, then we must try for it” (Silence Speaks pg-532).

I understood the word ‘colours’ here refers to

Our duties and responsibilities

Relationships with family, friends etc.

Our actions and thoughts

Troubles and afflictions

As long as ‘Viveka’ and Vairagya’ are not developed sufficiently, we get unduly attached to our thoughts, actions, people, attractions/dejections, which be leading us to a disturbed state and instigates the lower tendencies such as Comparison, Jealousy, Greed, Avarice, hatredness, prejudices etc. further.

Rev.Master says in the same article (Holi) “I would say this, that as long as the eyes bear the power of distinction between black, yellow, blue colours etc. which is the real aspect of the colour, it cannot be called to have discrimination (real knowledge) about colours” (Silence Speaks pg 532-533). As long as one distinguishes OR shows inclination / rejection (‘Raga / Dwesha’) one will not be able to perform his duties and responsibilities as a Trustee.

Rev.Master further ponder over the aspect of colourfulness, “Now brother, I am unable to comprehend as to whether the Holi comes to get the colours distinguished or is it the manifestation of His Craftsmanship?” (Silence Speaks pg-533) Purpose of our existence is to realize our true nature and allow the Divinity to be expressed through us completely and become an embodiment of Divine Expression. As the 9<sup>th</sup> commandment says “Mould your living so as to rouse a feeling of love and piety in others” should be the goal of our life. When we understand that everything in this world is an expression of Divinity and one need not compare, compete with each other. Every flower has it’s own fragrance and each of us is a unique divine expression and is meant for expressing His Craftsmanship. This understanding will help us to live in harmony, cooperation with all and lead a life of greater harmony and happiness.

The word ‘colourlessness’ conveys deeply about the goal of human life. The state of colourlessness is a balanced state.

Colourlessness is a state that is blessed as the Aspirant progresses from the realms of Shell consciousness to Cosmic consciousness to para cosmic consciousness and further to realm of Divine consciousness.

The fusion of colours together leads to one of colourlessness. While referring to condition of 6<sup>th</sup> knot in the region of Brahmmand, Rev.Sir specifies that “The various chromatic visions end with Pind. In the realm of Divine, achromatic perceptions and visions alone occur. The fusion of various colours to one of colourlessness is an experience by itself” (Path of Grace pg 166).

By the Grace of Master, as the Sadhaka moves from Cosmic to Para Cosmic region, process of negation starts here and the negation continues through further higher regions.

While a person evolves to higher realms of consciousness, one’s perception about the things which he deals will be gradually changed. One starts looking at the things in an objective way.

In a letter to abhyasi, while referring to cleaning Rev.Master says that “Brother! I do wish this only that all of you should make my life (being) successful. But, it can happen only when you people become grand (glorious/brilliant). By grandeur (brilliance), I mean that you should shine. The grandeur of mendicancy is not reflected by clothes, but by the colourlessness (lacklustre) of the heart.

How does colourlessness arise? When all the colours get mixed together.

How is it known? When the balanced state is developed.

How does the balanced state come up? When extreme humility is developed.

How does the extreme humility develop? Through surrender/submission.

How is submission (surrender) created? (Through self abnegation) or through effacement of self

What comes out of (through) self-abnegation is called submission of the highest order” (‘The Method of Subduing Egoism’, Satya Pathamu, Rev.Babuji Centenary Issue -1999).

When the idea of greatness of Master established in our heart naturally certain amount of vacuum will be created in the heart and since the vacuum and the ultimate are of same nature there is some amount of resonance between them and this resonance gives us calmness.

“When it comes to concept of God it becomes something that is calm and settled. Peace comes in. Why peace comes then is mainly because there is certain amount of vacuum that is created in your mind

and because we feel submissive to the Divine” (Bodhayanthi Parasparam Vol1 pg 353).

Unification Vs Differentiation – Rev.Master in His letter to Rev.Dr.KCV on 04<sup>th</sup> August 1962, writes “For understanding’s sake you may call unification as a state of the inner being while differentiation as a state of outer being. Even at higher spiritual stages, this differentiation remains though to a nominal extent only. For instance, the presence of different colors may be taken as differentiation but when they all are unified, they lose their distinctive feature and are merged into one – the colourlessness” (Event Horizon pg-391). As we progress further and further we move towards unification, we will be able to face any adverse situations / circumstances with much less effect.

While referring to changeless state Rev.Master in the article ‘Simplified System of Spirituality’ says that “The changeless state is always there. But we are connected with the Changeable, and either we take interest in it or reject it; and both of these are the links for bondage. We should rise above all if we want to live life. Our method brings out results if we practice it with interest” (Showers of Divine Grace pg 37).

When we realize the core of our existence (root) then expression of Divine manifests to fullest extent. The

purpose of life is to realize this very essence and express the Divinity through us completely. In the article 'Realization' Rev.Master says that "Really the thing at root gets exposed when the colourful disposition of mind is transformed" ( Silence Speaks pg- 509).

As we grow higher and orient ourselves to Master more and more, the impact of worldly activities, inter personal relationships etc. will get moderated naturally and one takes a balanced approach towards them.

Few thoughts on how to become 'Colourless':

We should practice the methods of PAM sincerely. A yielding and submissive attitude to Master is a must. When we understand that we are blessed by Master to get into this Great System which helps us to find solution to the problem of life, a total submissive and yielding attitude towards Master develops. Our insignificance only will enable us to move towards Oneness with Him.

We should practice Sri Ramchandra's commandments in letter and spirit as our way of living. These are the spiritual attitudes which one must adopt. Our dedicated effort in implementing

these commandments will enable us to express the Divinity through us.

All our sadhana should be done with the final objective in mind that is to become a Real Man. Each of the meditational practices of has unique Purpose and Objective. All these methods need to be practiced with True Love and Devotion towards Master.

Taking the Support of Pranahuti in removing the impediments and intricacies in our spiritual journey is most vital to our sadhana. Proper orientation to the trainer in our spiritual training is a must.

We should lead a life with moderation in all our dealings.

I would like to conclude this topic of the seminar with Rev.Sir's note on Prayer "Pray (beg) that you pray (be submissive) and continue to pray (constant remembrance) so that prayer (yielding) may continue".

Pranams,

Madhu